OCTOBER, 2020

WAWATAM AREA SENIOR CITIZENS INC.

Telephone 231-436-5323

205 Cedar Street, Mackinaw City, MI 49701

CURB SIDE PICKUP. Call in your order between 9AM and 11AM. Pick Up your order at 4PM. Closed Sat, Sun and Wed

http://www/mackinawcity.org/Community/WawatamAreaSeniors.aspx

Members discounted- $ 4.00 a Dinner. All Non Members $10.00 a Dinner.

All meals are portion controlled. Please Remember to Donate for Drinks as they are not included in meal price.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Baked Pork Chop	Meat Loaf	
CLOSED			CLOSED	Macaroni & Cheese	Mashed Potatoes	CLOSED
				Veg	Gravy & Veg	
				4PM Board Meeting	Birthday Night	
4	5	6	7	8	9	10
	Chicken & Dumplings	Spaghetti		Hot Turkey Sandwich	BBQ Ribs	
CLOSED	Veg	Garlic Bread	CLOSED	Veg	Baked Potato	CLOSED
		Veg			Baked Beans	
11	12	13	14	15	16	17
	Swedish Meat Balls	Chicken Pot Pie		Liver & Onions or	Swiss Steak	
CLOSED	Mashed Potatoes		CLOSED	Chicken Tenders	Mashed Potatoes	CLOSED
	Mushroom Gravy			Au gratin Potatoes	Veg	
	Veg			Veg		
18	19	20	21	22	23	24
	Ham Steak	Lasagna		Boiled Dinner	Baked White Fish	
CLOSED	scallloped Potatoes	Garlic Bread	CLOSED	with Ham	Twice Baked Potatoes	CLOSED
	Veg	Veg		Biscuits	Veg	
25	26	27	28	29	30	31
	Hot Beef Sandwich	Baked Chicken Breast		Beef Tips & Noodles	Turkey Dinner	
CLOSED	Veg	Rice Pilaf	CLOSED	Veg	Mashed Potatoes	CLOSED
		Veg			Stuffing & Gravy	
					Veg	
		Heart Healthy			Heart Healthy	